

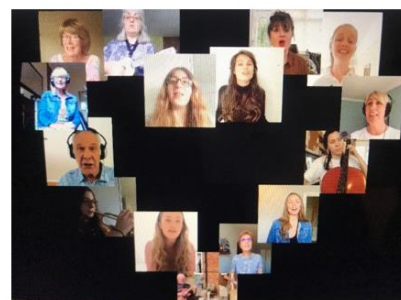
INTERGENERATIONAL YORK

To celebrate National Intergenerational Week we are shining a spotlight on some of the fantastic intergenerational work happening in our local community.

MUSICAL CONNECTIONS

Musical Connections have been building intergenerational relationships for over 10 years through people's love of music, however when Covid-19 hit, the way they had been used to delivering sessions was forced to change. As a result their usual in person choirs and concerts have been moved online and where allowed, in people's gardens. Musical Connections work with people aged 65+ in the community alongside schools, colleges and universities to deliver a variety of projects that have been delivered remotely during the pandemic. One such project involved university

students and choir members recording their own version of One Love in their homes, singing and playing musical instruments. Their recordings were then combined into one video for people to view-shown in the attached photo. Musical Connections have also screened virtual concerts that included performances from local school children. People in The Rolling Tones choir expressed their creative sides to provide lyrics for a song-writing project with a University of York student. All recordings are shared with members over email or on DVDs and CDs to ensure that nobody misses out.



'I think it makes older people feel less like dinosaurs when young people want to interact with us. It makes us feel part of a world that is otherwise passing us by'- Musical Connections attendee.

ACTION FOR ELDERS

Action for Elders have been building intergenerational connections and relationships between students from Applefields School and residents at Ebor Court Care Home. Prior to Covid-19 students and residents would come together to do things such as tai chi but due to lockdown they've had to move their activities online which has led to the creation of Care Home Karaoke. Delivered over Zoom, residents choose the songs the group will sing and students are tasked with finding and playing the songs for everybody to sing along to together. Amy, a teacher at Applefields commented 'The students who took part were happy and positive afterwards and clearly benefited from the experience. Some of the students do have communication difficulties so singing was a great starting point.'

'I really enjoyed it and it was fun meeting some of people at the care home. Because it was Christmas we sang Christmas songs and it was fun'- Jessie, Applefields School

Think-It Theatre

Think-It Theatre and Barrel Organ have been working together to co-create a performance highlighting people's experiences over the past year. Teaming up with organisations such as York Mind and Ageing Without Children they have worked with people aged 16-21 and 65+ in workshops. Continually adapting to the changing restrictions, the workshops have been delivered over Zoom and phone calls and physical activity packs have been available for people in the community who do not have access to a computer. Think-It have worked with over 30

people in separate workshops for each generation. This culminated in a 'mega workshop' bringing all of the participants together to talk about similarities they share and differences they have. They found out that everybody in the group were Abba fans and didn't like horror films. And whilst some like cats, some attract cats by accident and some are afraid of cats. Through developing an understanding between each other Think-It have developed a space for community and broken up people's lockdown days; ultimately contributing to the performance- Common Ground.



'Thank you for another interesting session, it was great to meet and chat to so many different people' - Think-It workshop attendee.

Accessible Green Spaces

Age Friendly York has carried out a piece of work around 'getting out and about' which included the importance of accessing green spaces. Now, teaming up with York Disability Rights Forum and Children's Services, Age Friendly York are looking to gather people's views on the accessibility of the green spaces to people in the community to ensure that everybody has the opportunity to access green spaces regardless of age or disability. On site consultations will be carried out with representatives from all age groups to ensure views from a variety of demographics are obtained. Please find the survey to give your views on York's green spaces here: www.surveymonkey.co.uk/r/RQVBW52

Homeshare York

The importance of Homeshare has come to light during the pandemic, with people of all ages feeling isolated from the outside world due to restrictions. Homeshare pairs somebody with a spare room in their house with somebody looking for accommodation, usually a student or young professional. The homeowner tends to be an older adult who may like somebody to live with them for some company, help around the house and to help a young person get on the property ladder. Equally, for the younger person Homeshare is beneficial so that they can have a warm welcome when they come home, get to know the local area and save money. We are currently evaluating how best to deliver Homeshare, please find the survey here: www.york.gov.uk/HomeshareYork