

'Dementia Together'



City of York Dementia Strategy 2022-2027

Our vision is that people with dementia, their families & carers, are supported to live life to their full potential. We want the people of York to be able to say:

- I can live a life of my own
- I live in a dementia friendly community
- I know who/where to turn to for information, advice and support
- I know I have access to a timely and accurate diagnosis, delivered in an appropriate way
- I have access to the right support that enables me to live well at home for as long as possible
- My voice is heard and makes a difference
- I know that when the time comes, I can die with dignity, in the place of my choice

Preventing Well

- Increase public awareness about dementia and increase understanding to reduce stigma
- Ensure information and advice is widely available so that people understand the risk factors for dementia and how their risk could be reduced
- Measure the impact of preventative campaigns
- Connect people to support in their communities
- Undertake work to ensure the accurate assessment and treatment of depression in older people.

Diagnosing Well

- Raise awareness of dementia, through campaigns, staff training, media & social networking
- Target support to GP practices to increase the rate of diagnosis
- Ensure anyone suspected of having dementia, receives a timely, quality diagnosis in an appropriate setting within a specified timeframe
- Ensure support is available for the person & their families throughout the diagnostic process
- Raise awareness and increase the use of the DiADeM tool in the diagnosis of advanced dementia.
- Align information and advice, and care records
- Provide opportunities for people to participate in research

Supporting Well

- Ensure accessible information, advice and guidance is readily available
- Set up Dementia Hubs, providing a physical space to access support
- Eliminate post-covid delays
- Develop a clear pathway of post-diagnostic support & improve support in crisis, to increase choice & control
- Ensure services offer flexible support to the person living with dementia
- Implement automatic referrals to Dementia Support Advisors at the point of diagnosis
- Instigate a framework for dementia training to ensure all people receive training relevant to their role so that the workforce has the right skills, behaviours and values
- Measure performance of care providers to increase personalised, quality care & to understand areas of unmet need
- Increase the number of people who have a safe discharge from hospital
- Build a sustainable network of peer-led groups across the York area

Living Well

- Promote dementia friendly services, transport and buildings; and have open and ongoing conversations about removing barriers for people with dementia
- Ensure that people with dementia have access to a range of affordable, flexible activities that reflect their interests and needs
- Develop information, guidance and advice to address each stage of the Dementia Well Pathway
- Contribute to campaigns and intergenerational projects being developed through the Ageing Well Partnership
- Ensure symbiosis between the Dementia Strategy & the Carers' Strategy Delivery Plan to ensure that the right opportunities and support are available for carers of people with dementia

Dying Well

- Enable people living with dementia, their families and carers to make decisions about their future health care through good advice
- Develop information to support decision making around end-of-life support
- Alongside people with lived experience, identify and deliver appropriate workforce development on advanced care planning and end-of-life care
- Ensure we have the appropriate support in place for families and carers when a person is diagnosed as being at the end-of-life
- Audit and monitor the availability of good palliative care in community, health and care home settings